

1989 LAKE BLUE CONFERENCE CHAMPIONSHIP

5/16 at Hopkins  
5/18 at Eden Prairie

3200 METER RUN

1. Kurt Runzheimer, Wayzata(11) 9:49.3
2. Jason Eldridge, Wayzata(11) 9:58.2
3. Eric Newhouse, Minnetonka(12) 10:02.7
4. Kai Richter, Hopkins(10) 10:08.8
5. Scott Terry, Wayzata(11) 10:10.9
6. Eric Stetz, Wayzata(12) 10:18.5

3200 METER RELAY

1. Edina 8:12.8
2. Minnetonka 8:14.2
3. Eden Pr 8:29.6
4. Hopkins 8:36.9
5. St Louis Pk 8:42.3
6. Wayzata 8:48.1

110 METER HIGHS

1. Matt Meyer, Richfield(12) 15.0
2. Mark Hansen, Edina(12) 15.3
3. Randy Smithwick, Eden Pr(11) 15.3
4. Curt Hansen, Wayzata(11) 15.7
5. Minh Nguyen, Minnetonka(11) 15.9
6. Todd McDonald, Hopkins(12) 16.2

100 METER DASH

1. Dan Samion, Minnetonka(10) 11.4
2. Scott Zaccagnini, Hopkins(12) 11.4
3. Tony Campbell, St Louis Pk(12) 11.5
4. Dan Johnson, Cooper(11) 11.6
5. Pat Pfeiffer, Eden Pr(11) 11.6
6. Mike Cohen, Minnetonka(11) 11.7

SPRINT MEDLEY RELAY

1. Minnetonka 3:39.6
2. Hopkins 3:44.3
3. Wayzata 3:49.5
4. St Louis Pk 3:50.6
5. Eden Pr 3:51.1
6. Cooper 3:54.4

1600 METER RUN

1. Eric Newhouse, Minnetonka(12) 4:28.4
2. JW Matheson, Eden Pr(12) 4:28.6
3. Kurt Runzheimer, Wayzata(11) 4:30.6
4. Stefan Grisser, Minnetonka(12) 4:33.2
5. Brian Whitley, Hopkins(10) 4:33.6
6. Jason Eldridge, Wayzata(11) 4:34.2

400 METER RELAY

1. Hopkins 44.3
2. St Louis Pk 44.9
3. Minnetonka 44.9
4. Cooper 45.0
5. Eden Pr 45.3
6. Richfield 45.4

400 METERS

1. Greg Heinecke, Hopkins(12) 48.9
2. Jason Max, Minnetonka(11) 49.2
3. Dan Samion, Minnetonka(10) 51.1
4. James LaRowe, Wayzata(11) 51.8
5. John Hammond, Edina(11) 52.1
6. Dan Johnson, Cooper(11) 52.2

300 METER INTERMEDIATES

1. Matt Meyer, Richfield(12) 39.3
2. Mark Hansen, Edina(12) 39.4
3. Minh Nguyen, Minnetonka(11) 41.0
4. Tim Simonson, Cooper(12) 41.2
5. Tom Hunt, Edina(12) 41.7
6. Jay Treat, Eden Pr(??) 42.3

800 METER RUN

1. Jason Max, Minnetonka(11) 1:58.2
2. Ben Stoneking, Edina(11) 1:59.7
3. Andy Arling, Hopkins(11) 2:02.6
4. Jim Doak, Minnetonka(11) 2:03.7
5. Jerry Huff, Minnetonka(12) 2:03.8
6. Brian Mueller, St Louis Pk(12) 2:03.9

200 METERS

1. Greg Heinecke, Hopkins(12) 22.6
2. Dan Samion, Minnetonka(10) 22.8
3. Scott Zaccagnini, Hopkins(12) 23.0
4. Pat Pfeiffer, Eden Pr(11) 23.6
5. Matt Kempe, Hopkins(12) 24.1
6. Eric Kozar, Richfield(12) 24.1

1600 METER RELAY

1. Edina 3:28.1
2. Minnetonka 3:29.8
3. Richfield 3:30.0
4. Hopkins 3:30.8
5. Wayzata 3:33.3
6. Eden Pr 3:38.4

DISCUS THROW

1. Chad Goldstein, St Louis Pk(12) 157'8
2. Kevin Poehler, Richfield(12) 146'11
3. Amos Casey, Richfield(10) 145'1
4. David Hillesheim, Minnetonka(10) 145'0
5. Dave Vertin, Wayzata(11) 143'10
6. Matt LeVair, Eden Pr(12) 143'7

SHOT PUT

1. Chad Goldstein, St Louis Pk(12) 57'3
2. Matt LeVair, Eden Pr(12) 51'7.75
3. Tony Chlebeczek, Richfield(12) 50'4.25
4. Dan Glime, Cooper(12) 49'11.25
5. Guy Grussing, Hopkins(12) 49'5.5
6. Brent Jensen, Richfield(12) 49'4.75

HIGH JUMP

1. Tony Rogich, Cooper(11) 6'4
2. Pat Pfeiffer, Eden Pr(11) 6'2
3. Terry Brown, Richfield(12) 6'2
4. Charles Johnson, Hopkins(12) 6'0
5. Rich Frandsen, Edina(9) 5'10
5. Randy Smithwick, Eden Pr(11) 5'10

LONG JUMP

1. Dan Samion, Minnetonka(10) 21'8
2. Tony Campbell, St Louis Pk(12) 21'3.5
3. Chris Watkins, Minnetonka(12) 20'2.25
4. Tom Hartman, St Louis Pk(11) 20'1.5
5. Tim Shaver, Wayzata(11) 20'0.25
6. Benjy Wright, Hopkins(12) 19'11

TRIPLE JUMP

1. Chris Watkins, Minnetonka(12) 41'2.75
2. Sean Picha, Hopkins(11) 41'1.25
3. Scott Hagel, Hopkins(12) 41'1.25
4. Jarrod Preisen, Eden Pr(??) 39'11.5
5. Aaron Minor, St Louis Pk(11) 39'8.5
6. Rob Muncienks, Minnetonka(11) 39-4.25

POLE VAULT

1. Steve White, St Louis Pk(12) 13'6
2. Joe Jaruszewski, Hopkins(12) 13'0
3. Tony Rogich, Cooper(11) 12'6
4. Brandt Zwiefel, Wayzata(12) 12'0
5. Mark Fisher, Eden Pr(11) 12'0
5. Dave Stuessl, Minnetonka(12) 12'0

Teams  
Minnetonka 142  
Hopkins 104  
St Louis Pk 65  
Eden Prairie 56  
Richfield 55  
Wayzata 53  
Edina 50  
Cooper 34